

COULD YOU HAVE PBA?

*Dealing with PBA can be daunting, especially if you don't know what's happening to you. Take this quick quiz to see the likelihood that you may be dealing with PBA - rating each answer based on the scale below. Remember, results from this quiz should not be taken as medical advice. Please visit your trusted medical professional to learn more.**

Never	Rarely	Occasionally	Frequently	Most of the time
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1	2	3	4	5
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- 1 I find that even when I try to control my laughter I am often unable to do so. _____
- 2 I find that I am easily overcome by laughter. _____
- 3 There are times when I won't be thinking of anything happy or funny at all, but then I'll suddenly be overcome by funny or happy thoughts. _____
- 4 Others have told me that I seem to become amused very easily or that I seem to become amused about things that aren't really funny. _____
- 5 I find myself crying very easily. _____
- 6 There are times when I feel fine one minute, and then I'll become tearful the next over something small or for no reason at all. _____
- 7 I find that even when I try to control my crying I am often unable to do so. _____

RESULTS: _____

**Tally up your results.
A score of 13 or higher
may suggest PBA.**

* The Center for Neurologic Study-Lability Scale (CNS-LS) was developed by healthcare professionals to identify and measure PBA symptoms. It does not diagnose PBA and is not intended to substitute for professional medical assessment and/or advice. Please consult with your doctor.