# COULD YOU HAVE PBA?

Dealing with PBA can be daunting, especially if you don’t know what’s happening to you. Take this quick quiz to identify if your symptoms are similar to those of PBA - rating each answer based on the scale below. Remember, results from this quiz should not be taken as medical advice. Please visit your trusted medical professional to learn more.

<table>
<thead>
<tr>
<th>Never</th>
<th>Rarely</th>
<th>Occasionally</th>
<th>Frequently</th>
<th>Most of the time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
</tbody>
</table>

1. I find that even when I try to control my laughter I am often unable to do so. ____
2. I find that I am easily overcome by laughter. ____
3. There are times when I won’t be thinking of anything happy or funny at all, but then I’ll suddenly be overcome by funny or happy thoughts. ____
4. Others have told me that I seem to become amused very easily or that I seem to become amused about things that aren’t really funny. ____
5. I find myself crying very easily. ____
6. There are times when I feel fine one minute, and then I’ll become tearful the next over something small or for no reason at all. ____
7. I find that even when I try to control my crying I am often unable to do so. ____

**RESULTS:**

Tally up your results. A score of 13 or higher may suggest PBA.

* The Center for Neurologic Study-Lability Scale (CNS-LS) was developed by healthcare professionals to identify and measure PBA symptoms. It does not diagnose PBA and is not intended to substitute for professional medical assessment and/or advice. Please consult with your doctor.