

COULD YOU HAVE PBA?

*Dealing with PBA can be daunting, especially if you don't know what's happening to you. Take this quick quiz to identify if your symptoms are similar to those of PBA - rating each answer based on the scale below. Remember, results from this quiz should not be taken as medical advice. Please visit your trusted medical professional to learn more.**

Never	Rarely	Occasionally	Frequently	Most of the time
1	2	3	4	5
1	I find that even when I try to control my laughter I am often unable to do so.			_____
2	I find that I am easily overcome by laughter.			_____
3	There are times when I won't be thinking of anything happy or funny at all, but then I'll suddenly be overcome by funny or happy thoughts.			_____
4	Others have told me that I seem to become amused very easily or that I seem to become amused about things that aren't really funny.			_____
5	I find myself crying very easily.			_____
6	There are times when I feel fine one minute, and then I'll become tearful the next over something small or for no reason at all.			_____
7	I find that even when I try to control my crying I am often unable to do so.			_____

RESULTS: _____

**Tally up your results.
A score of 13 or higher
may suggest PBA.**

* The Center for Neurologic Study-Lability Scale (CNS-LS) was developed by healthcare professionals to identify and measure PBA symptoms. It does not diagnose PBA and is not intended to substitute for professional medical assessment and/or advice. Please consult with your doctor.